

Fennel3 is a natural propriety herbal remedy that can be used for long-term for treating occasional constipation and restoring regularity and for your healthy lifestyle. Fennel3 is an herbal remedy based on vegetable ingredients (mostly food stuff) including bran fiber rich in omega, starch, vitamins, proteins and dietary minerals, exhibiting a specific action on the colon.

Fennel3 ingredients don't interfere with the normal activity of the digestive system, but rather normalize its function resulting in bowel movement (Ca 4-6 hrs.) During the period of clinical testing of Fennel3 (2-3 years), as well as report of practicing physicians, it was confirmed that Fennel3 exerts direct activity on the lazy cells located at the colon, and indirectly on the liver, resulting in the bowel movement and peristalsis leading into a normal function of the colon.

## Properties:

- Helps increasing bulk in your stool
- Helps to cause movement of the intestine
- ❖ Helps the gastro-intestinal tract (GIT) absorb excess water remove from food waste.
- \* Have significant benefit in lowering cholesterol and improve intestinal health.
- Help indigestion and flatulence
- sooth gut wall and rebuild its lining
- Have Hepato-protective activity

**Indications**: Mild and chronic constipation

Results: Fennel3 consist of powerful blend of three well-researched and clinically substantiated herbs and additives.

Safely taken. Natural, gluten-free and contains no sugar. It works by increasing the amount of water in the stool and make stool softer and easier to pass. It is a bulk-forming agent which helps increasing bulk in your stool and, therefore, helps to cause movement of the intestine.

Negatively affect the absorption process in the intestinal tract. Can be used for long-term. Can be used for children and adults.

Side effects: Minor side effect was reported in some cases. Urination and mild abdominal cramps (3-4%) have been reported.

Contra-indications: No precautions or contra-indications can be attributed to the use of Fennel3. Further, no known food or beverage interactions so for reported.

Dose: Is given once daily and can be increased according to the symptom's severity.

Duration of the treatment :To maintain a proper bowel function, it is absolutely recommend maintaining the treatment for at least two months continuously.