

Cinnamon the Novel angiogenesis inhibitor, effective in the relief and treatment of Diabetes, Cancer and Alzheimer's disease.

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Abstract

The purpose of this article is to use literature search engine such as PubMed and Scifinder to locate scholarly journals, article pertaining Cinnamon, its novel effects, preparation, analysis, and use in Prevention and Treatment of Serious Illnesses, such as Diabetes, Cardiovascular Diseases, Alzheimer's Disease and Cancer. Cinnamon has been used traditionally in food preparations and as an herbal medicine to treat a variety of symptoms and their ailments. Cinnamon is known to have antioxidant, antibacterial, anti-inflammatory and other therapeutic properties. New studies reaffirm the importance of cinnamon as a spice but also suggest that it may be a natural remedy to treat serious diseases such as type 2 diabetes, chronic digestion problems, cardiovascular diseases, and even cancer and Alzheimer's. This article presents a comprehensive analysis of the botanical, chemical and pharmacological aspects of Cinnamon.