



**Chamomile 5** is a unique natural remedy that can be used for mild to moderate cases suffering from varicose vein. Chamomile is a safe and natural based remedy that contains a blend of selected complimentary herbs that showed potential anti-inflammatory, anti-oxidant, immune-boosting and healing effects.

**Properties:**

- ❖ Helps in strengthening and maintaining vein wall
  - ❖ Helps to reduce the visibility of the vein on the surface of the skin
  - ❖ May increase venous tone and vascular protection
  - ❖ Improve microcirculation and capillary flow
- Indications: Mild to moderate varicose vein.

**Results:** Chamomile 5 consists of selected blend of five well-researched and clinically substantiated herbs and additives. Chamomile5 is a natural remedy with diversified functions on subjects suffering from varicose vein. According to feedback from clinician used this product over the last 5 years, it has been observed that it showed the following properties:

- ❖ Potential anti-inflammatory and healing properties
- ❖ Significantly reduces symptoms like sensation of heaviness, pain and oedema
- ❖ Has vasodilatation activity which can be due to its oxidant property
- ❖ Improves vascular tone and lymph drainage due to the high contents of flavonoids.

**Side effects:** Minor side effects were reported in some cases. Stomach and abdominal pain (3-5%) have been reported.

**Contra-indications:** No precautions or contra-indications can be attributed to the use of Chamomile5.

**Dose:** Oral: three capsules daily after meals for venous insufficiency. Topical: three- four times daily.